



Rural Health On-boarding Program 2022

Welcome to RuDASA's comprehensive online package for new clinicians joining rural health facilities in South Africa. COVID has transformed our training landscape and we are now able to offer an orientation program that can fit in with a clinician's busy program, and still give them access to all the knowledge and resources they need to thrive in rural health care.

Although focused on new clinicians we welcome any clinician keen to update their knowledge.

Course Structure

A 6-week curriculum, structured into six broad categories, using a hybrid teaching methodology. Each week you will be sent the program for the coming week, including the links to the relevant zoom meetings; as well as links to relevant webinars, video tutorials, and related guidelines, protocols and tools useful to your daily work. These can be studied at home at a time that suits you and clinicians can tailor their learning according to their needs.

Clinicians are encouraged to attend the interactive Zoom sessions on Monday evenings (with additional sessions later in the week depending on facilitator availability). These will introduce key mentors and experts that can provide ongoing support as the course progresses. We will cover FAQ and top tips on the materials you have received.

You can join anytime during the 6 weeks course running from 31 January 2022 until 11 March 2022. All interactive Zoom sessions will be recorded and will be made available online and we will send you links to all the material you may have missed.

Please encourage your colleagues to join us!

Broad Overview Of Curriculum

There are three “types” or orientation topics:

- Understanding the DOH working environment
- Skills pertaining to team work, mental well being & patient centred care (all cadres)
- Top tips for Medical cadres, and FAQ on fields such as HIV, TB, Obstetrics, neonatal and paediatric care, anaesthetics, orthopaedics and trauma and much more.

Weekly topics and materials that will be uploaded:

Week 1: Infectious Diseases

Week 2: Maternal health

Week 3: Non-communicable disease care and Emergency Medicine

Week 4: Anaesthetics, Orthopaedics & Surgery

Week 5: Neonatal Health and Paediatrics

Week 6: Patient centred care. Thriving in rural health. Mental Health

This Course Is A Work In Progress. We Are Receiving Excellent Feedback From Our Rural Network Of Clinicians On Useful Information To Add. We Will Be Updating Our Materials And Links On A Weekly Bases. We Are Also Open To Requests, Input And Feedback.

Who Can Attend?

At the moment the clinical part of the program is heavily focused on doctors and clinical associates, but the orientation package is open to any new clinician in South Africa. The sections on employee support, the MDT team, health care worker mental health and patient centred care are particularly relevant to any new health care worker, but feel free to attend clinical sessions as needed. Although this program caters for new professionals we are very happy for existing colleagues to participate in topics they feel would be useful (including interns and students). We are applying for CPD points for the webinars.

Learn how to thrive, not just survive, in rural health!

You will be sent an invitation to join our Telegram Rural On-boarding group (it functions like WhatsApp but has better functionality). Download the app from [Google Play](#) store or [Apple](#) store.

How to get started

FREE for members of RuDASA, RuReSA, RuNurSA and PACASA

We are privileged in South Africa to have a large network of clinicians passionate about rural health care. One can easily feel isolated working in a small peripheral facility and yet there may be a clinician at the next hospital happy to give advice or support. All doctors that join our Rural On-boarding Training will be automatically signed up to the RuDASA membership. Membership is free and gives access to a community of or rural health clinicians.

If you are not a doctor then find out more about the Rural Health Network organisations that have been created out of a need for networking, support and advocacy amongst different cadres of clinicians. Click on the links below.

[RuNurSA](#) Rural nurses advocating for better rural nursing services

[RuReSA](#) A network of rehabilitation therapists working, advocating or researching rural rehab. All allied health staff are welcome to join

[PACASA](#) A network of Clinical Associates throughout South Africa advocating for the profession

The Rural Health Advocacy Project provides support on advocacy for all of these groups [RHAP](#)

To register for the On-Boarding Programme (and RuDASA membership)
Click or use <http://rudasa.org.za/learning-portal/thrive-in-rural-health>

Once registered you will be sent the Zoom link for each session and an invitation to join our Telegram Rural On-boarding group (it functions like WhatsApp but has better functionality). Download the Telegram app from [Google Play](#) store or [Apple store](#).

For more information on the programme content contact :
Dr Madeleine Muller mentor@rudasa.org.za

Problems registering? Contact our Office Co-ordinator: info@rudasa.org.za